

THE SAILOR
(Scotland)

This hornpipe is an old traditional Scottish country dance.

MUSIC: There are many recordings for the dance. Suggested:
Robin Hood RH 001-A (33-1/3 RPM), Band 2.
Clansmen Record "Scottish Dance Time" (Stan Hamilton),
SMT 70-2 Side 1, Band 1
"Music for Scottish Country Dancing" BBC 94, Side 2, Band 4.
Piano: Book 24, No. 4 of the Royal Scottish Country Dance
Society.
4/4 meter (Count like 2/4 -- one skip change of step per meas.)

FORMATION: 4 cpls in longways formation.

PATTERNS & STEPS: Cast Up, Cast Down, Double Triangle Formation, Reel of 3,
Rights and Lefts.
Skip Change of Step, Move up, Set. Use skip change of step
throughout unless otherwise stated.

MEAS
Chord &
Upbeat

PATTERN

INTRODUCTION. M bow, W curtsy to ptr.

I. CROSS AND DOUBLE TRIANGLES: CAST AND SET

- 1-2 As cpl 2 move up, cpl 1, giving R hds in passing, cross over
to finish in double triangle formation with M 1 facing W 2 and
W 3 and with W 1 facing M 2 and M 3, nearer hds joined throughout.
- 3-4 All set in 3's on the sides of the dance.
- 5-6 W 1 cast up around M 2 to finish between cpl 2, all facing down,
while M 1 cast down around W 3 to finish between cpl 3, all
facing up.
- 7-8 Join nearer hds in each line of 3 and all set.

II. REELS OF 3 ACROSS

- 9-16 Release hds. Cpl 1 dance reels of 3 across the dance. M 1
and W 1 each turn 1/4 CW to begin the reels passing R shoulders
(M 1 with W 3 and W 1 with M 2). Cpl 1 finish in 2nd place
on wrong side of the dance.

III. DOWN THE CTR AND UP; CROSS AND CAST

- 17-24 Cpl 1 join R hds, dance down the ctr (2 meas), turn twd ptr
and dance back up (2 meas), cross at the top (W in front of
M) to cast into 2nd place on own sides (4 meas).

THE SAILOR (continued)IV. RIGHTS AND LEFTS

25-32 Cpls 1 and 2 dance right and left across and back.

Cpl 1 repeat dance in 2nd place and finish by dancing to the bottom of the set, M 1 on the outside behind M 4 and W 1 on the inside in front of W 4. Cpls 2, 3 and 4 then repeat the dance twice each in turn.

Chord M bow, W curtsey to ptr.

Presented by C. Stewart Smith
Notes by Larry and Ruth Miller